

**Applications Physiology Workshop at S.M.S. Medical College, Jaipur on  
December 20, 2013**

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**MS III: Sleep Physiology Workshop Schedule**

<b>DECEMBER 20, 2013: WORKSHOP ON POLYSOMNOGRAPHY</b>			
<b>Time: 10.00 am to 11.00 am</b>		<b>Registration and Breakfast</b>	
<b>S. No.</b>	<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
1.	11.00 a.m. – 11.25 a.m.	Neurophysiology of Sleep	Dr. J. Shukla
2.	11.25 a.m. – 11.50 a.m.	Epidemiology and Evaluation of Sleep Disordered Breathing	Dr. M. L Gupta
3.	11.50 a.m. – 12.15 p.m.	Cardiovascular Complications of Sleep Disorder Breathing	Dr. Vijay Pathak
4.	12.15 p.m. – 12.40 p.m.	International Classification of Sleep Disorders (ICSD) - 2 and Update on (ICSD) - 3	Dr. Tripatdeep Singh
5.	12.40 p.m. – 1.00 p.m.	Discussion Session	Chaired by Dr. J. Shukla
<b>Lunch Break: 1.00 p.m. to 1.45 p.m.</b>			
1.	1.45 p.m. – 2.30 p.m.	Introduction to Sleep lab and patient hook up Sensors for PSG and One Subject for Hooking Up Needed	
2.	2:30 p.m. - 3:15 p.m.	Hands on 10 – 20 EEG placement Skulls with intact scalps, inch tapes, marking pencils Needed Candidates will be divided into groups of 4 each, one group will be given one skull, inch tape and marking pencil	
3.	3:15 p.m. - 3:35p.m.	Sleep waveforms	
4.	4:15 p.m. - 4:45 p.m.	Respiratory rules	
5.	4:45 p.m. – 5.00 p.m.	Movement rules	
6.	5.00 p.m. - 5:30 p.m.	Diagnostic report Interpretation	
7.	5:30 p.m. – 6.00 p.m.	Sleep Laboratory Visit	

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**Chairperson, ICON – BAP, 2013**